BEFORE YOU LEAVE ME

Level: Intermediate **Genre: Pop**
Artist: Alex Warren
Choreo: Lesley Marx
Speed: Normal **Length: 2:56**
Sequence: A, B, C, D, E, B, C, D, Break, D*,End.
Wait: 16 beats

Quick Cues **Quick Cues**

Part A (32 beats)
4 Stomp Double
4 Slur Basic **(R)**
4 Rocking Chair
4 Outhouse
16 REPEAT OPP FTWK & DIR

Part B (16 beats)
8 Bonanza
4 Joey
4 Jeans Way **(Rft)**

Part C (32 beats)
4 Rocking Chair
8 Burton Turnaround **(1/2R)**
4 **2** Slur Step **(L)**
16 REPEAT

Part D (32 beats)
8 Easy Loop Rougie Vine **(L)**
4 Slur Basic **(R)**
4 Chain **(L)**
16 REPEAT OPP FTWK & DIR

Part E (32 beats)
8 Twisty Slur Basic **(L)**
4 Hard Step **(Rft)**
4 Outhouse
16 REPEAT OPP FTWK & DIR

Part B (16 beats)
8 Bonanza
4 Joey
4 Jeans Way **(Rft)**

Part C (32 beats)
4 Rocking Chair
8 Burton Turnaround **(1/2R)**
4 **2** Slur Step **(L)**
16 REPEAT

Part D (32 beats)
8 Easy Loop Rougie Vine **(L)**
4 Slur Basic **(R)**
4 Chain **(L)**
16 REPEAT OPP FTWK & DIR

Break (40 beats)
8 MacNamara Rock Pivot **(1/2R)**
8 Cowboy Drag Back
8 MacNamara Rock Pivot **(1/2R)**
8 Cowboy Drag Back
8 **2** Chain **(L&R with claps)**

Part D* (16 beats)
8 Easy Loop Rougie Vine **(L)**
4 Slur Basic **(R)**
4 Chain **(L)**
8 Easy Loop Rougie Vine **(R)**
4 Hard Step
4 Triple **(Rft)**

End (32 beats)
8 Lucy Brushover Vine **(L)**
4 Slur Basic **(R)**
4 Double Basic Rocky
8 MJ Step
8 Samantha Heel Pivot **(Full R)**

ACA
19th JUNE 2026

Step Definitions – Before You Leave Me

STOMP DOUBLE:

(P)	STO	DS	DS	RS	(CAN BE DR INSTEAD OF (P) AT START)
	L	R	L	RL	
&	1	&2	&3	&4	

SLUR BASIC:

DS(OTS)	SLR-S(XIB)		DS	RS
L	R	R	L	RL
&1	&	2	&3	&4

OUTHOUSE:

DS	TCH(OTS)	H	TCH(XIF)	H	TCH(OTS)	H
L	R		L R		L R	L
&1	&		2 &		3 &	4

ROCKING CHAIR:

DS	BR	H	DS	RS
L	R	L	R	LR
&1	&	2	&3	&4

BONANZA:

DS	DS(XIF)	DT	H	DT	H	DS(XIB)	R(OTS)	S(XIF)	DS	BR	H
L	R	L	R	L	R	L	R	L	R	L	R
&1	&2	&	3	&	4	&5	&	6	&7	&	8

JOEY:

DS	BA(XIB)	BA(OTS)	BA(OTS)	BA(XIB)	BA(BS)	S
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

JEANS WAY:

DT(XIF)	H	DT(X)	H	RS	BA(XIB)	SL
R	L	R	L	RL	R	R
&	1	&	2	&3	&	4

BURTON TURN AROUND:

DS	DT(XIF)	SL	DT(X)	SL	[BA	BA	BA](1/2 R)	S-DR/K	SL	DS	RS
L	R	L	R	L	R	L	R	L L /R	L	R	LR
&1	&	2	&	3	&	4	&	5 &	6	&7	&8

SLUR STEP:

DS(OTS)	SLR-S(XIB)	
L	R	R
&1	&	2

EASY LOOP ROUGIE:

DS-SL/LOOP-S(XIB)		BA(OTS)	BA(XIF)	SL	S	DS	RS	DS	RS
L	L / R	R	L	R	L	R	LR	L	RL
&1	&	2	&	3	&	4	&5	&6	&7	&8

CHAIN:

DS	RS	RS	RS(MOVE FWD BK L OR R)
L	RL	RL	RL
&1	&2	&3	&4

TWISTY SLUR BASIC:

DS(OTS)	DS(XIF)	BA(OTS)	BA(XIB)	BA(OTS)	S(XIF)	DS	SLR-S	DS	RS
L	R	L	R	L	R	L	R	R L	RL
&1	&2	&	3	&	4	&5	&	6 &7	&8

MACNAMARA ROCK PIVOT:

BA(OTS)	BA(XIB)	BA(OTS)	TCHH(OTS)	BA(OTS)	BA(XIB)	BA(OTS)
L	R	L	R	R	L	R
&	1	&	2	&	3	&

TCHH	R	H(WGT)	PVT(L OR R)	S	DS	RS
L	L	R	R	L	R	LR
4	&	5	&	6	&7	&8

HARD STEP:

DT(BK)	H	BR	H	DS	RS
L	R	L	R	L	RL
&	1	&	2	&3	&4

COWBOY DRAG BACK:

[DS	DS	DS	BR(XIF)	SL](FWD)	[DS(XIF)	DR	R	S(XIF)	DR	R	S(XIF)](BK)
L	R	L	R	L	R	R	L	R	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7	&	8

TRIPLE:

DS	DS	DS	RS
R	L	R	LR
&1	&2	&3	&4

LUCY BRUSHOVER VINE:

DS(OTS)	BR(XIF)	H	T-H(XIF)	TT(BK)	SL	DS(OTS)	DS(XIB)	DS(OTS)	RS
L	R	L	R R	L	R	L	R	L	RL
&1	&	2	& 3	&	4	&5	&6	&7	&8

MJ STEP:

DS	DS(XIB)	R	S(OTS)	(P)	S(BK)	RS	DS	DS	DS
L	R	L	R		L	RL	R	L	R
&1	&2	&	3	&	4	&5	&6	&7	&8

DOUBLE BASIC ROCKY:

DS	DS	R	H(WGT)	FL-H	
L	R	L	R	R	R
&1	&2	&	3	&	4

SAMANTHA HEEL PIVOT: (In this dance PVT FULL R)

DS	DS(XIF)	DR	S(BK)	DR	S(BK)	R	H(WGT)	PVT(1/2 R)	S	DS	RS
L	R	R	L	L	R	L	R	R	L	R	LR
&1	&2	&	3	&	4	&	5	&	6	&7	&8