Blow Me One Last Kiss

Level: Intermediate **Genre:** Pop
Artist: P!NK
Choreo: Suzanne Symonds Moonshine Cloggers Tewantin
Speed: 95% **Length:** 4:15
Sequence: A B C D E A B C D E* B C D* C D*
Wait: 16 beats

Quick Cues

Part A: (32 beats)
8 Rock Slur Turkey **(1/2L)**
8 Mayhem Vine **(Rft)**
8 Rock Slur Turkey **(1/2L)**
8 Mayhem Vine **(Rft)**

Part B: (33 beats)
9 Rock Tornado Kick **(1/4R 3/4L)**
4 Mountain Goat
4 Heel Walk
8 Petticoat Pump
8 Football Stomp **(1/2 L)**

Part C: (31 beats)
8 **2** Basic & Doubles
8 Windster Slur Touch
8 **2** Basic & Doubles
7 Vine Flare **(L)**

Part D: (32 beats)
4 **2** Drag Basic **(Rft)**
12 **3** Basic Shuffle **(Rft)**
1 Touch Heel
8 **2** Basic & Doubles
7 Windster Slur

Part E: (8 beats)
4 Jazz Box
4 **2** Toe Heel Touch

Part A: (32 beats)
8 Rock Slur Turkey **(1/2L)**
8 Mayhem Vine **(Rft)**
8 Rock Slur Turkey **(1/2L)**
8 Mayhem Vine **(Rft)**

Part B (33 beats)
9 Rock Tornado Kick **(1/4R 3/4L)**
4 Mountain Goat
4 Heel Walk
8 Petticoat Pump
8 Football Stomp **(1/2 L)**

Part C (31 beats)
8 **2** Basic & Doubles
8 Windster Slur Touch
8 **2** Basic & Doubles
7 Vine Flare **(L)**

Quick Cues

Part D: (32 beats)
4 **2** Drag Basic **(Rft)**
12 **3** Basic Shuffle **(Rft)**
1 Touch Heel
8 **2** Basic & Doubles
7 Windster Slur

Part E*: (32 beats)
4 Jazz Box **(1/4L)**
4 **2** Toe Heel Touch
24 REPEAT 3 TIMES

Part B: (33 beats)
9 Rock Tornado Kick **(1/4R 3/4L)**
4 Mountain Goat
4 Heel Walk
8 Petticoat Pump
8 Football Stomp **(1/2 L)**

Part C: (31 beats)
8 **2** Basic & Doubles
8 Windster Slur Touch
8 **2** Basic & Doubles
7 Vine Flare **(L)**

Part D*: (33 beats)
4 **2** Drag Basic **(Rft)**
12 **3** Basic Shuffle **(Rft)**
1 Touch Heel
8 **2** Basic & Doubles
8 Windster Slur Touch

Part C: (31 beats)
8 **2** Basic & Doubles
8 Windster Slur Touch
8 **2** Basic & Doubles
7 Vine Flare **(L)**

Part D*: (33 beats)
4 **2** Drag Basic **(Rft)**
12 **3** Basic Shuffle **(Rft)**
1 Touch Heel
8 **2** Basic & Doubles
8 Windster Slur Touch
(blow a kiss on &8)

ACA
12th MAY 2026

Step Definitions – Blow Me One Last Kiss

ROCK SLUR TURKEY: (In this dance turn 1/2L on &5&6)

DS(OTS)	SLR-S(XIB)	R	S(OTS)	SLR-S(XIB)	R	H-FL(OTS)	BA(XIB)	R(OTS)	H-FL(OTS)	S
L	R	R	L	R	L	L	R	L	R	L
& 1	&	2	&	3	&	4	& 5	& 6	& 7	& 8

MAYHEM VINE:

DS	T-H(XIF)	DS	T-H(XIF)	BA(OTS)	BA(XIB)	BA(OTS)	S(XIF)	DS	RS
R	L L	R	L L	R	L	R	L	R	LR
&1	& 2	&3	& 4	&	5	&	6	&7	&8

ROCK TORNADO KICK: (In this dance PVT 3/4L on &6)

R	H(WGT)	PVT(1/4 R)	S	DS	DS	R	H(WGT)	PVT(1/2 L)	S	DS	DS	K	H
L	R	L	L	R	L	R	L	L	R	L	R	L	R
&	1	&	2	&3	&4	&	5	&	6	&7	&8	&	9

MOUNTAIN GOAT:

DS	BA(XIF)	BA(OTS)	BA(OTS)	BA(XIF)	BA(XIB)	SL
L	R	L	R	L	R	R
&1	&	2	&	3	&	4

HEEL WALK:

DS	DS	H(WGT)	H(WGT)	RS
L	R	L	R	LR
&1	&2	&	3	&4

PETTICOAT PUMP:

DS	BR	H	TCH(XIF)	H	TCH(XIF)	H	TCH(F)	H	TCH(XIF)	H	DS	RS
L	R	L	R	L	R	L	R	L	R	L	R	LR
&1	&	2	&	3	&	4	&	5	&	6	&7	&8

FOOTBALL STOMP: (In this dance clap on 6,7,8)

DS-DR/K	SL	R	S-DR/K	SL	RS	(P)STO	(P)STO	(P)STO
L	L /R	L	R L	L /R	L	RL	R	L	R
&1	& 2	& 3	&	4	&5	& 6	& 7	& 8

BASIC & DOUBLES:

DS	RS	DS	DS
L	RL	R	L

WINDSTER SLUR TOUCH:

DS	BR(XIF)	H	BR(X)	H	DS(OTS)	SLR-S	R	S(OTS)	SLR-S	TCH	H(BR CAN BE DT)
L	R	L	R	L	R	L	L	R	L	R	R	L	R
&1	&	2	&	3	&	4	&	5	&	6	&	7	&	8

VINE FLARE:

DS(OTS)	DS(XIB)	DS(OTS)	DT(FLR)	H	RS	DT(FLR)	H	RS
L	R	L	R	L	RL	R	L	RL
&1	&2	&3	&	4	&5	&	6	&7

DRAG BASIC:

K/DR	S	RS
L/R	L	RL
&	1	&2

BASIC SHUFFLE:

DS	R	S-DR/K	SL-DR/K	SL
L	R L	L /R	L L /R	L
&1	& 2	& 3	& 4	

TOUCH HEEL:

TCH	H
L	R
&	1

WINDSTER SLUR:

DS	BR(XIF)	H	BR(X)	H	DS(OTS)	SLR-S	R	S(OTS)	SLR-S	(BR CAN BE DT)
L	R	L	R	L	R	L	L	R	L	R	R
&1	&	2	&	3	&4	&	5	&	6	&	7

JAZZ BOX:

T-H(OTS)	T-H(XIF)	T-H(BK)	T-H(BS)
L L	R R	L L	R R
& 1	& 2	& 3	& 4

TOE HEEL TOUCH:

T-H	TCH	H
L L	R	L
& 1	&	2