MILKSHAKE

Level: Basic +3 **Genre:** Disco Pop
Artist: Village People (Action Version)
Choreo: Kerry Atkins-Derrick
Speed: Normal **Length:** 2:54
Sequence: A B A* B A* D A** D Ending
Wait: 8 beats (as soon as heavy music starts)

Quick Cues

Part A (32 beats)
12 Milkshake **(Full L)**
4 **2** Cha Cha
16 REPEAT

Part B (64 beats)
16 **2** Samantha **(1/2R ea)**
8 **2** Turkey **(L&R)**
8 **2** Karate **(1/2L ea)**
8 **2** Turkey **(L&R)**
8 **2** Donkey
8 **4** Cha Cha
8 **2** Donkey

Part A (32 beats)
12 Milkshake **(Full L)**
4 **2** Cha Cha
16 REPEAT

Part B (64 beats)
16 **2** Samantha **(1/2R ea)**
8 **2** Turkey **(L&R)**
8 **2** Karate **(1/2L ea)**
8 **2** Turkey **(L&R)**
8 **2** Donkey
8 **4** Cha Cha
8 **2** Donkey

Quick Cues

Part C (54 beats)
32 **4** Cowboy **(1/4L ea)**
8 **2** Turkey **(L&R)**
8 **2** Windster
16 **2** Cowboy **(1/2L ea)**

Part A (32 beats)
12 Milkshake **(Full L)**
4 **2** Cha Cha
16 REPEAT

Part D (16 beats)
16 **2** Fancy Vine **(L&R)**

Part A* (16 beats)
12 Milkshake **(Full L)**
4 **2** Cha Cha

ACA
30th June 2026

Amended 1st August '26

Step Definitions – Milkshake

MILKSHAKE: (In this dance turn as directed on the DS's)

DS	(P)	S	(P)	S	(P)	S	DS	(P)	S	(P)	S	(P)	S	DS	(P)	S	DS	(P)	S
L		R		L		R	L		R		L		R	L		R	L		R
&1	&	2	&	3	&	4	&5	&	6	&	7	&	8	&9	&	10	&11	&	12

SAMANTHA: (In this dance turn 1/2R on 4&5)

DS	DS(XIF)	DR	S(BK)	DR	S(BK)	RS	DS	DS	RS
L	R	R	L	L	R	LR	L	R	LR
&1	&2	&	3	&	4	&5	&6	&7	&8

TURKEY:

LIFT/DR	H-FL(OTS)	S(XIB)	DS	RS	(CAN BE (P) INSTEAD OF DR AT START)
L /R	L L	R	L	RL	
&	1 &	2	&3	&4	

KARATE:

DS-PVT(1/2 L)/K	H	(P)	S	K	H
L L	/R	L	R	L	R
&1	&	2 &	3	&	4

DONKEY:

DS	TCH(XIF)	H	TCH(F)	H	RS
L	R	L	R	L	RL
&1	&	2	&	3	&4

CHA CHA STEP:

(P)	S(XIF)	R(XIB)	S(XIF)
	L	R	L
&	1	&	2

COWBOY: (In this dance turn 1/4L or 1/2L as directed)

[DS	DS	DS	BR(XIF)	H](FWD)	[DS(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)](BK)
L	R	L	R	L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7	&	8

WINDSTER:

DS	BR(XIF)	H	BR(X)	H	RS	(BR CAN BE DT)
L	R	L	R	L	RL	
&1	&	2	&	3	&4	

FANCY VINE:

DS(OTS)	DS(XIF)	DS(OTS)	RS	DS(XIF)	DS(OTS)	RS	RS
L	R	L	RL	R	L	RL	RL
&1	&2	&3	&4	&5	&6	&7	&8

Hand & Body Movements:-

Part A: Milkshake (Arms waving overhead)

Part B: Karate (Hand Up & Pull Chain)

Part C: Cowboy (Shimmey on the last 4 beats)

Ending: Milkshake (Shimmey to front on last beat)