Hang Tight Honey

Level: Advanced **Genre:** Country/Fiddle
Artist: Lainey Wilson-Album"Whirlwind"
Choreo: Andy Howard
Speed: Normal **Length:**3.09
Sequence: A Ch A Ch B D Ch* Ending
Wait: 16 beats

Quick Cues **Quick Cues**

Part A (34 beats)
4 Hang Tight
4 Gallop Touch **(R)**
6 **3** Clap Buck Basic **(1/2L on ea)**
2 Basic **(Rft)**
4 Hang Tight
4 Gallop Touch **(R)**
6 **3** Clap Buck Basic **(1/2L on ea)**
4 Stomp Double **(Rft)**

Chorus (38 beats)
16 **2** Double Doubles Bend **(1/4R on ea)**
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
6 Short Canadian Train
4 Slap Mountain Goat
4 Rock Heel Pivot Basic **(Full R)**

Part A (34 beats)
4 Hang Tight
4 Gallop Touch **(R)**
6 **3** Clap Buck Basic **(1/2L on ea)**
2 Basic **(Rft)**
4 Hang Tight
4 Gallop Touch **(R)**
6 **3** Clap Buck Basic **(1/2L on ea)**
4 Stomp Double **(Rft)**

Chorus (38 beats)
16 **2** Double Doubles Bend **(1/4R on ea)**
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
6 Short Canadian Train
4 Slap Mountain Goat
4 Rock Heel Pivot Basic **(Full R)**

PART B (30 beats)
4 Twisty Four **(L)**
4 Rock Heel Pivot Basic **(1/2 R)**
4 Twisty Four **(L)**
4 Rock Heel Pivot Basic **(1/2 R)**
6 Short Canadian Train
8 Long Far Side **(Full R)**

Part D (16 beats)
4 Stomp & Jog **(FWD DIAG L)**
4 Stomp Double **(Full R)**
4 Stomp & Jog **(FWD DIAG R)**
4 Stomp Double **(Full R)**

Chorus* (44 beats)
16 **2** Double Doubles Bend **(1/4R on ea)**
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
2 Toe Buck Skuff **(1/4L)**
2 Toe Buck Skuff
6 Short Canadian Train
2 Basketball **(1/2 R)**
6 Short Canadian Train
2 Basketball **(1/2 R)**
4 Rock Heel Pivot Basic **(Full R)**

ENDING: (16 beats)
4 Slap Mountain Goat
4 Rock Heel Pivot Basic **(1/2 R)**
4 Slap Mountain Goat
4 Rock Heel Pivot Basic **(1/2 R)**

ACA
23rd Sept 2026

Amended 26th Sept 2026

Step Definitions – Hang Tight Honey

HANG TIGHT:(In this dance CLAP on 1st '&')

(P)	S	TnUp-TT(BK)		SL	TnDn	TT(BK)	SL
	L	R	R	L	R	L	R
&	1	e&a2	e	&	a3e&	a	4

GALLOP TOUCH:

DS	BA(OTS)	T-BA(XIB)		BA(OTS)	T-BA(XIB)		DBL-BA	TCH(XIF)
L	R	L	L	R	L	L	R R	L
&1	&	a	2	&	a	3	e& a	4

STOMP DOUBLE:

(P)	STO	DS	DS	RS
	R	L	R	LR
&	1	&2	&3	&4

CLAP BUCK BASIC: (In this dance on LIFT CLAP or SLAP FOOT WITH HAND)

LIFT(BK)/DR	BA	H-BA	H-BA
L /R	L	R R	L L
&	1	e &	a 2

TOE BUCK SKUFF:(In this dance 1/4L on 'a2')

BA	T-BA	H-BA	SK	HOP
L	R R	L L	R	L
&	a 1	e &	a	2

BASKETBALL:

(P)	S(FWD)	PVT(1/2 R)	S
	L	L	R
&	1	&	2

DOUBLE DOUBLES BEND:(In this dance 1/4R on '&7')

BA	DT(F)	HOP	DT(OTS)	BA	DT(F)	HOP	DT(OTS)	BA	DT(F)	HOP	DT(OTS)	BA	DT(F)	LIFT/SL
L	R	L	R	R	L	R	L	L	R	L	R	R	L	L/R
&	ea	1	ea	&	ea	2	ea	&	ea	3	ea	&	ea	4

DT(XIB)	S(XIB)/FLA	LIFT/S(XIF)	S(BK)	SLR(FLR)	S(XIB)	RS
L	L /R	L /R	L	R	R	LR
&	5	&	6	&	7	&8

SHORT CANADIAN TRAIN:

DBL-BA	DBL	HOP	DBL	HOP	T-BA	DBL-BA(OTS)		DBL-BA(XIF)		T-BA	DBL-BA	TCH(BS)
L	L	R	L	R	L	R R	L	L	R	R	L L	R R	L
&a	1	e&	a	2e	&	a 3	e&	a	4e	&	a 5	e& a	6

SLAP MOUNTAIN GOAT:

DBL-BA/K(OTS)		SLAP-BA(XIF)		T-BA(XIB)/K(OTS)		SLAP K(OTS)/BA(OTS)		SLAP-BA(XIF)	
L	L /R	R	B	L	L /R	R	L /R	L	L
&a	1	e	&	a	2	e	&	a	3

BA(XIB)	SL
R	R
&	4

ROCK HEEL PIVOT BASIC:

R	H(WGT)	PVT(1/2 R)	S	DS	RS
L	R	R	L	R	LR
&	1	&	2	&3	&4

STOMP & JOG:

(P)	STO	(P)	STO	(P)	BA	BA	BA
	L		R		L	R	L
&	1	&	2	&	3	&	4

TWISTY FOUR:

DS(OTS)	DS(XIF)	BA(OTS)	BA(XIB)	BA(OTS)	S(XIF)
L	R	L	R	L	R
&1	&2	&	3	&	4

BASIC:

DS	RS
R	LR
&1	&2

LONG FAR SIDE:(In this dance Full R on '1-4' Full L on 5-8 if desired)

DBL-BA	DBL(F)	HOP	DBL(OTS)	HOP	T-BA	DBL(F)	HOP	DBL(OTS)	HOP	T-BA
L	L R	L	R	L	R R	L	R	L	R	L L
&a	1 e&	a	2e	&	a 3	e&	a	4e	&	a 5

DBL(F)	HOP	DBL(OTS)	HOP	T-BA	DBL	HOP	TCH
R	L	R	L	R R	L	R	L
e&	a	6e	&	a 7	e&	a	8