Mony Mony

Level: Easy Intermediate **Genre:** Pop
Artist: The Shondells with Tommy James
(Album: Tommy James & The Shondells Anthology)
Choreo: Andy Howard *AmericanRacket@gmail.com*
Speed: Normal **Length:** 2.53
Sequence: Intro A B Ch B Intro A B Ch B Intro Br B Ch
Wait: 8 beats

Quick Cues

Intro: (8 beats)
8 **4** Basic

Part A: (60 beats)
4 Triple Brush **(FWD)**
4 Outhouse **(Rft)**
8 Samantha Heel Pivot **(3/4 R)**
4 Triple Brush **(FWD)**
4 Outhouse **(Rft)**
8 Samantha Heel Pivot **(3/4 R)**
4 Triple Brush **(FWD)**
4 Outhouse **(Rft)**
8 Samantha Heel Pivot **(1/2 R)**
8 Cowboy
4 Rocking Chair

Part B: (16 beats)
8 **2** Stomp Double **(Ang L&R)**
4 **2** Brush Up **(to Front)**
4 Fancy Double

Chorus: (32 beats)
4 Pull Basic **(L)**
4 Pull Basic **(Rft - 1/4L)**
4 Rock Pull Basic **(FWD)**
4 Rocking Chair **(1/4L)**
16 REPEAT

Part B: (16 beats)
8 **2** Stomp Double **(Ang L&R)**
4 **2** Brush Up **(to Front)**
4 Fancy Double

Intro: (8 beats)
8 **4** Basic

Part A: (60 beats)
4 Triple Brush **(FWD)**
4 Outhouse **(Rft)**
8 Samantha Heel Pivot **(3/4 R)**
4 Triple Brush **(FWD)**
4 Outhouse **(Rft)**
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8 Samantha Heel Pivot **(1/2 R)**
8 Cowboy
4 Rocking Chair

Quick Cues

Part B: (16 beats)
8 **2** Stomp Double **(Ang L&R)**
4 **2** Brush Up **(to Front)**
4 Fancy Double

Chorus: (32 beats)
4 Pull Basic **(L)**
4 Pull Basic **(Rft - 1/4L)**
4 Rock Pull Basic **(FWD)**
4 Rocking Chair **(1/4L)**
16 REPEAT

Part B: (16 beats)
8 **2** Stomp Double **(Ang L&R)**
4 **2** Brush Up **(to Front)**
4 Fancy Double

Intro: (8 beats)
8 **4** Basic

Bridge: (32 beats)
8 Clogover Vine **(L)**
4 **2** Basic **(Ang R&L)**
4 Triple **(1/2 R)**
16 REPEAT

Part B: (16 beats)
8 **2** Stomp Double **(Ang L&R)**
4 **2** Brush Up **(to Front)**
4 Fancy Double

Chorus: (32 beats)
4 Pull Basic **(L)**
4 Pull Basic **(Rft - 1/4L)**
4 Rock Pull Basic **(FWD)**
4 Rocking Chair **(1/4L)**
16 REPEAT

ACA
18th Sept '26

Amended 2nd Oct '26

Step Definitions – Mony Mony

BASIC:

DS	RS
L	RL
&1	&2

TRIPLE BRUSH:

DS	DS	DS	BR	H
L	R	L	R	L
&1	&2	&3	&	4

OUTHOUSE:

DS	TCH(OTS)	H	TCH(XIF)	H	TCH(OTS)	H
R	L	R	L	R	L	R
&1	&	2	&	3	&	4

SAMANTHA HEEL PIVOT:

DS	DS(XIF)	DR	S(BK)	DR	S(BK)	R	H(WGT)	PVT(1/2 R)	S	DS	RS
L	R	R	L	L	R	L	R	R	L	R	LR
&1	&2	&	3	&	4	&	5	&	6	&7	&8

COWBOY:

[DS	DS	DS	BR(XIF)	H](FWD)	[DS(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)	R(BK)	S(XIF)](BK)
L	R	L	R	L	R	L	R	L	R	L	R
&1	&2	&3	&	4	&5	&	6	&	7	&	8

ROCKING CHAIR:

DS	BR	H	DS	RS
L	R	L	R	LR
&1	&	2	&3	&4

STOMP DOUBLE:

(P)	STO	DS	DS	RS
	L	R	L	RL
&	1	&2	&3	&4

(CAN BE DR INSTEAD OF (P) AT START)

BRUSH UP:

DS	BR	H
L	R	L
&1	&	2

FANCY DOUBLE:

DS	DS	RS	RS
L	R	LR	LR
&1	&2	&3	&4

PULL BASIC:

(P)	S(DIAG)	PULL-S(BS)	DS	RS
	L	R	L	RL
&	1	&	&3	&4

ROCK PULL BASIC:

RS(DIAG)	PULL-S(BS)	DS	RS
LR	L	R	LR
&1	&	&3	&4

CLOGOVER VINE:

DS(OTS)	DS(XIF)	DS(OTS)	DS(XIB)	DS(OTS)	DS(XIF)	DS	RS
L	R	L	R	L	R	L	RL
&1	&2	&3	&4	&5	&6	&7	&8

TRIPLE:

DS	DS	DS	RS
R	L	R	LR
&1	&2	&3	&4

Original cue sheet gives option to do Samantha or Samantha Heel Pivot.

SAMANTHA:

DS	DS(XIF)	DR	S(BK)	DR	S(BK)	RS	DS	DS	RS
L	R	R	L	L	R	LR	L	R	LR
&1	&2	&	3	&	4	&5	&6	&7	&8